



Palliative Care MasterClass

27 November 2017 – Draft Programme

- 9:00 Welcome & registration**
- 9:10 Introduction to pathophysiology of Parkinson's and dementia**
- 10:10 Introduction to commonly encountered medications and their side effects** "what you need to know as a non-specialist caring for people on these drugs"
- 10:50 Refreshments**
- 11:10 Establish the evidence base for unmet palliative care need and the common, disease-specific issues faced**
- 12:00 Introduction to specific palliative assessment tools**
- 12:30 Lunch**
- 13:20 Approaches to assessment and management of common areas of unmet need in Parkinson's, including:**
- Pain (identification, sub-types, emerging therapeutic strategies)
 - Urinary symptoms
 - Nausea and constipation
 - Poor swallow and NBM
 - Terminal stages – particularly how to identify and manage drug therapies in final days
- 14:20 Approaches to assessment and management of common areas of unmet need in dementia, including:**
- Pain
 - Behavioural and Psychological Symptoms in Dementia (BPSD)
 - Impairment of sleep / wake patterns
 - Terminal stages
- 15:20 Refreshments**
- 15:40 Service considerations and delivery**
- Addressing the volume of demand: Designing integrated services for neurological conditions
 - Promoting autonomy – how and when to consider ACP in the context of cognitive impairment
 - Evaluation of service delivery
- 16:20 Discussion forum**
- Shared learning – examples of good practice, discussion of how such practice could be spread / incorporated elsewhere
 - Future directions and research / quality improvement opportunities
- 17:00 Closing remarks and depart**