



Headache Service Transformation MasterClass 1.2
Improving headache and migraine services in a rapidly changing, complex NHS

9 - 10 July 2026 – Halifax Hall, Sheffield, University Campus

Day 1: Thursday, 9th July 2026

- 09:15** **Registration**
- 09:30** **Welcome, introductions & update on neurology transformation**
Dr Niran Nirmalanathan, national clinical director for neurology & consultant neurologist, St George's University Hospitals NHS Foundation Trust
- 10:15** **Delegate service transformation projects**
Chair: Dr David Paling, honorary strategic director, MS Academy & consultant neurologist, Sheffield Teaching Hospitals NHS Foundation Trust & Delegates
- 11:00** **Open discussion around projects and barriers to implementation for headache services**
Dr David Paling & Siobhan Jones, headache nurse consultant, North Cumbria Integrated Care Trust
- 11:30** **Refreshments**
- 12:00** **Delegate service transformation projects**
Chair: Dr David Paling & Delegates
- 12:45** **Open discussion around projects and barriers to implementation for headache services**
Dr David Paling & Siobhan Jones
- 13:15** **Lunch**
- 14:00** **Leadership to effect change**
Prof Gabriele De Luca, consultant neurologist, Oxford University Hospitals NHS Foundation Trust & Sue Thomas, independent healthcare consultant and patient and public voice member NHSE neurology transformation CRG

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- 15:30 Refreshments**
- 16:00 Leadership to effect change - session 2**
Prof Gabriele De Luca & Sue Thomas
- 17:30 Day close**
- 19:15 Pre-dinner drinks**
- 19:45 Formal dinner & winning project announced**
Rob Music, Migraine Trust to present award

Day 2: Friday, 10th July, 2026

- 09:00 Housekeeping & welcome**
Siobhan Jones
- 09:15 “The reality of virtual headache services: How can we deliver them differently to meet patient need?”**
Speaker TBC
- 09:45 “Expanding the skill mix in headache services”**
Kirsty Lawrence-Scott, Advanced clinical practitioner, South Tees Hospital NHS Foundation Trust
- 11:00 Refreshments (final check out)**
- 11:30 RCN nurse competency framework and retention on nursing posts**
Siobhan Jones



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- 12:15** **Lunch**
- 13:15** **What will the hospital headache service look like over the next decade?**
Considerations for training and workforce planning.
Prof Alex Sinclair, Chair of BASH
- 13:45** **Community based services how will these expand?**
David Watson, Vice Chair BASH
- 14:15** **Panel Q&A**
- 14:30** **“What will we do differently on Monday morning”**
Chair: Sue Thomas
- Each group feeds back:
- 1. One thing to stop**
 - 2. One thing to start**
 - 3. One thing to do differently**
- 15:15** **Take home messages!**
Siobhan Jones
- 15:30** **Depart**

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