

Day 1 – Wednesday, 11 March 2020

08:45 Registration

09:00 Setting the scene

Dr Ed Richfield, Consultant in Elderly Medicine, North Bristol NHS Trust & Academic Head Faculty

Topic 1: Dementia

09:15 • Pathophysiology of dementia (brief overview)

Dr Ross Dunne, Consultant Old Age Psychiatrist, Greater Manchester Mental Health NHS Foundation Trust

• **Evidence for unmet palliative care needs in dementia**

Dr Ross Dunne

• **Palliative assessment for people with dementia**

Dr George Crowther, Consultant in Old Age Liaison Psychiatry, Leeds and York Partnership NHS Foundation Trust

10:45 Break

11:00 • Managing common symptoms

○ Non-pharmacological approach to BPSD

Jenny Casson, Occupational Therapist, End of Life Partnership, Cheshire

○ Pharmacological interventions

Dr George Crowther

12:15 Lunch

Topic 2: Parkinson's Disease (PD)

13:00 • Pathophysiology of PD (brief overview)

Dr Gemma Cummins, Post CCT Clinical Fellow in Movement Disorders, North Bristol NHS Trust

• **Evidence for unmet palliative care needs in PD**

Dr Ed Richfield

• **Palliative assessment for people with Parkinson's**

Dr Ed Richfield

14:30 Break

14:45 • Breakout sessions:

○ Option 1 – Aspects of non-pharm for BPSD

Jenny Casson

○ Option 2 – Developing a PC service for PD - Service development and MDT working

Dr Ed Richfield

○ Option 3 – Cognitive impairment in PD - Categorisation, treatment and screening

Dr Ross Dunne

15:30 • Managing common symptoms

Dr Ed Richfield

To Include:

- Pain
- Urinary symptoms
- Swallowing difficulty
- Identification to terminal phase
- Managing PD medications in the terminal phase

17:00 Q&A from the day

17:30 Close for day 1

19:15 Pre dinner drinks and networking dinner

Day 2 – Thursday, 12 March 2020

08:30 Registration

08:45 Welcome and overview day 2 objectives

Topic 3: Multiple Sclerosis (MS)

09:00 • MS pathophysiology, unmet needs and spasticity

Dr Siva Nair, Consultant Neurologist, Sheffield Teaching Hospitals NHS Foundation Trust

10:00 • Dysphagia

Sean White, Home Enteral Feed Dietitian, Sheffield Teaching Hospitals NHS Foundation Trust

10:30 Break

11:00 • Palliative assessments for people with MS and managing common symptoms

Dr Eleanor Smith, Consultant in Palliative Medicine, Sheffield Teaching Hospitals NHS Foundation Trust & Dr Laura McTague, Consultant in Palliative Medicine and Medical Lead, St Luke's Hospice Sheffield

To include:

- Holistic assessment
- Complex symptom control - including pain

12:30 Lunch

Topic 4: Motor Neurone Disease (MND)

13:15 • Brief overview of MND

Prof Suresh Chhetri, Consultant Neurologist, Lancashire Teaching Hospitals NHS Foundation Trust

- **Palliative care in MND: When, why and how?**
Prof Suresh Chhetri

14:15 Break

14:25 • Breakout sessions:

- Option 1 – How to do advance care planning for the non-palliative specialist
Dr Eleanor Smith & Dr Laura McTague
- Option 2 – Management of spasticity
Dr Siva Nair
- Option 3 – PD drugs for the non-PD specialist – What do you need to know in the hospice
Dr Ed Richfield

15:00 • Symptomatic and supportive management

Prof Suresh Chhetri & Pauline Callagher, MND Nurse Co-ordinator, Lancashire Teaching Hospitals NHS Foundation Trust

To include:

- Pharmacological interventions
- Enteral feeding
- Respiratory support including withdrawal of ventilation
- The 'MND just in case kit'
- **Recognition of those approaching end of life**
- **Care of the dying**
- **Caregiver burden and support**

16:50 Closing comments

17:00 Bus departs to station