

6th national MS conference for primary care in Scotland

Navigating inclusion and working together in multiple sclerosis

Thursday 19th June 2025 – Trades Hall, Glasgow

08:45 Refreshments & registration

09:15 Welcome

Chair: Mhairi Coutts, MS specialist nurse, NHS Ayrshire & Arran

09:20 Young people with MS

Amy Thompson, founder and CEO, MS Together & Ruth Stross, head of nursing, Neurology Academy; RCN neuroscience forum committee member and MS Together trustee

10:05 Update from Scottish Ballet

Tiffany Stott, dance health programmes manager, Scottish Ballet

10:45 Refreshments & exhibition

**11:15 Understanding and mitigating health related disparities in MS care:
Environmental and social determinants of health**

Prof Ruth Dobson, centre lead, professor of clinical neurology & consultant neurologist, Centre for Preventive Neurology & Wolfson Institute of Population Health, Queen Mary University of London

12:15 Lunch & exhibition

13:00 Welcome back - intro to the Terminally Ill Adults Bill sessions

Chair: Ruth Stross

- 13:05** **Navigating the Terminally Ill Adults Bill: legal, ethical, and clinical considerations for healthcare professionals**
Dr Claire Holmes, palliative medicine consultant & Dr Ross Norris, clinical decision fellow in palliative medicine, Ayrshire Hospice
- 14:05** **Comfort break**
- 14:20** **Navigating conversations: Our role**
Geraldine Mynors, CBT psychotherapist, Revive MS Support
- 15:05** **Practicalities and implications for staff: What does this look like?**
Nicola Hyslop, advanced MS nurse champion, North Cumbria Integrated Care NHS Foundation Trust & Rachel Morrison, advanced MS nurse champion, NHS Tayside
- 15:50** **Panel discussion**
All speakers
- 16:05** **Closing discussion and chair's final remarks**
Julie Dock, MS specialist nurse / clinical lead, Revive MS Support
- 16:15** **Close**