

## **Headache Service Transformation MasterClass**

**Improving headache and migraine services in a rapidly changing, complex NHS**

Module 1: 1st & 2nd December 2025 – Halifax Hall, Sheffield University Campus

### **Day 1: Monday, 1st December 2025**

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| <b>08:30</b> | <b>Registration</b>  |
| <b>09:00</b> | <b>Housekeeping &amp; welcome</b><br>Dr Niran Nirmalananthan, national clinical director for neurology & consultant neurologist, St George's University Hospitals NHS Foundation Trust   |
| <b>09:05</b> | <b>The vision and pathways for headache services. 'A view from the sunny uplands'</b><br>Dr Niran Nirmalananthan   |
| <b>09:30</b> | <b>A view from the swampy lowlands. Can complexity theory inform service delivery and headache care with holistic practice?</b><br>Dr David Kernick, general practitioner with extended role in headache, Exeter Headache Clinic                         |
| <b>10:15</b> | <b>Patient perspective - Understanding the impact of headache and migraine</b> Rob Music, chief executive, The Migraine Trust  |
| <b>10:45</b> | <b>Refreshments</b>  |
| <b>11:15</b> | <b>Patient experience and lived challenges + interactive audience discussion</b><br>Sue Thomas, independent healthcare consultant and patient and public voice member NHSE neurology transformation CRG interviewing Emily Wheeler, expert patient       |
| <b>12:15</b> | <b>Lunch</b>   |
| <b>13:15</b> | <b>Interactive case study discussion focussing on service transformation</b><br>Expert-led discussion with Dr Anita Krishnan, consultant neurologist, divisional clinical director, Walton Centre & Dr Razzan Haneef, GP with extended role in headaches |
| <b>14:15</b> | <b>Small group case study discussions</b><br>Breakout groups discussion service approaches to case scenarios   |
| <b>15:30</b> | <b>Refreshments</b>  |

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- 16.00**      **Group feedback and expert panel commentary**
- 16.45**      **"Innovation in practice." Includes initiatives on support for commissioners, GPs pharmacists, opticians, GPwER**  
David Watson, GP with extended role in headache, Aberdeen Royal Infirmary & Dr David Kernick
- 17:45**      **Closing remarks and summary**  
Speaker TBC
- 18:00**      **Close**
- 19:00**      **Pre dinner drinks**
- 19:30**      **Dinner**
- 21:15**      **Close**

### Day 2: Tuesday, 2nd December 2025

- 08:30**      **Registration**
- 08:45**      **Recap and outline for the day**  
**Chair:** Siobhan Jones, headache nurse consultant, North Cumbria Integrated Care Trust
- 09:00**      **Service development: how can the MDT support headache management?**  
Healthcare professionals highlight their role in supporting headache services  
Mathew Garrod, lead pharmacist for neurosciences and specialist pharmacist in migraine, University Hospital Southampton NHS Foundation Trust, Maha Ahmed, clinical nurse specialist - headache, National Hospital for Neurology and Neurosurgery, Queens Square & Anne-Marie Logan, headache consultant physiotherapist, St George's University Hospitals NHS Foundation Trust
- 10:00**      **Practical aspects of developing a business plan / The Oxford Headache service**  
Sue Thomas & TBC

*This activity has been financially supported by sponsorship from Teva UK Limited. The sponsor has had no control over the organisation or educational content of this activity.*

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- 10:45 Refreshments**
- 11:15 Service improvement projects: focusing on the 3 shifts in healthcare**  
Interactive session to design service improvement projects, with guidance from faculty  
Dr David Paling, honorary strategic director, MS Academy & consultant neurologist,  
Sheffield Teaching Hospitals NHS Foundation Trust
- 12:00 The role of pharmacists in high cost drug pathways**  
Mathew Garrod
- 12:30 The Sussex Migraine preventative Treatment Pathway**  
Dr Jeban Ganesalingam, consultant neurologist, Brighton and Sussex University  
Hospital and headache lead & consultant neurologist, University Hospitals Sussex and  
neurology lead, South East Neuroscience Oversight Committee
- 13:00 Implementing the neurology transformation programme for headache**  
Dr Gina Kennedy, consultant neurologist and clinical lead, South Tyneside and  
Sunderland, NHS Trust
- 13:30 Lunch**
- 14:15 Interactive - case study discussion - live patient showcase**  
Talk through how a patient moves through the headache pathway (use UHS pathway  
as an example). Speakers from different specialties the patient could see  
Dr Jeban Ganesalingam, consultant neurologist, Mathew Garrod, lead pharmacist,  
Maha Ahmed, clinical nurse specialist & Anne-Marie Logan, headache consultant  
physiotherapist
- 15:15 Refreshments**

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- 15:45**      **How do we develop integrated headache management through a network of care providers?**  
Speaker TBC & Dr Razaan Haneef
- 16:15**      **Principles of headache services**  
Interactive session, Speaker TBC and Anne-Marie Logan
- 17:00**      **Final remarks and close**