

Improving headache and migraine services in a rapidly changing, complex NHS

Module 1: 1st & 2nd December 2025 – Halifax Hall, Sheffield University Campus

Day 1: Monday, 1st December 2025

08:30	Registration
09:00	Housekeeping & welcome Dr Niran Nirmalananthan, national clinical director for neurology & consultant neurologist, St George's University Hospitals NHS Foundation Trust
09:10	The vision and pathways for headache services. 'A view from the sunny uplands' Dr Niran Nirmalananthan
09:40	A view from the swampy lowlands. Can complexity theory inform service delivery and headache care with holistic practice? Dr David Kernick, general practitioner with extended role in headache, Exeter Headache Clinic
10:25	Patient perspective - understanding the impact of headache and migraine Rob Music, chief executive, The Migraine Trust
10:45	Refreshments
11:15	Patient experience and lived challenges + interactive audience discussion Deborah Kerr, GP, Kings Langley Surgery interviewing Emily Wheeler, expert patient
12:15	Lunch
13:15	Interactive case study discussion focussing on service transformation Expert-led discussion with Dr Mona Ghadiri-Sani, neurology consultant, clinical & educational lead in headache, The Walton Centre NHS Foundation Trust & Dr Razaan Haneef, GP with extended role in headaches
14:45	Refreshments



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15:15	Small group case study discussions Breakout groups discussion service approaches to case scenarios Dr Niran Nirmalananthan, Dr David Kernick & Siobhan Jones
16:30	Group feedback and expert panel commentary
17:00	"Innovation in practice." Includes initiatives on support for commissioners, GPs pharmacists, opticians, GPwER David Watson, GP with extended role in headache, NHS Grampian & deputy vice chair of BASH & Dr David Kernick
18:00	The role of BASH in headache service development David Watson
18:15	Closing remarks and summary Dr David Kernick
18:20	Close
19:15	Pre dinner drinks
19:45	Dinner
21:30	Close

Day 2: Tuesday, 2nd December 2025

Registration

08.30

00.30	Registration
08:45	Recap and outline for the day
	Chair: Siobhan Jones, headache nurse consultant, North Cumbria Integrated Care
	Trust



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09:00 Service development: how can the MDT support headache management? Healthcare professionals highlight their role in supporting headache services Mathew Garrod, lead pharmacist for neurosciences and specialist pharmacist in migraine, University Hospital Southampton NHS Foundation Trust, Maha Ahmed, clinical nurse specialist - headache, University College London Hospitals NHS Foundation Trust, Anne-Marie Logan, headache consultant physiotherapist, St George's University Hospitals NHS Foundation Trust & Mia Parsons, highly specialist clinical psychologist, Guy's and St Thomas' NHS Foundation Trust 10:00 Practical aspects of developing a business plan and data to influence change Sue Thomas, independent healthcare consultant & PPV member, NHSE neurology transformation CRG Refreshments 10:45 Service improvement projects: focusing on the 3 shifts in healthcare 11:15 Interactive session to design service improvement projects, with guidance from faculty Dr David Paling, honorary strategic director, MS Academy & consultant neurologist, Sheffield Teaching Hospitals NHS Foundation Trust 11:45 The role of pharmacists in high cost drug pathways Mathew Garrod 12:15 **The Sussex Migraine preventative Treatment Pathway** Dr Jeban Ganesalingam, consultant neurologist & headache lead, University Hospitals Sussex NHS Foundation Trust & neurology lead, South East Neuroscience Oversight Committee Implementing the neurology transformation programme for headache 12:45 Dr Gina Kennedy, consultant neurologist and clinical lead, South Tyneside and Sunderland, NHS Trust Lunch 13:15

as an example). Speakers from different specialties the patient could see

Talk through how a patient moves through the headache pathway (use UHS pathway

Interactive case study discussion - live patient showcase

14:30



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Dr Jeban Ganesalingam, consultant neurologist, Mathew Garrod, lead pharmacist, Maha Ahmed, clinical nurse specialist & Anne-Marie Logan, headache consultant physiotherapist

15:45	Summary of the day and key take home messages Chair: Siobhan Jones
16:00	Close - Refreshments to take away
16:15	Mini bus to station