

Headache Service Transformation MasterClass
Improving headache and migraine services in a rapidly changing, complex NHS
Module 1: 1st & 2nd December 2025 – Halifax Hall, Sheffield University Campus

Day 1: Monday, 1st December 2025

- 08:30 Registration**
- 09:00 Housekeeping & welcome**
Dr Niran Nirmalananthan, national clinical director for neurology & consultant neurologist, St George's University Hospitals NHS Foundation Trust
- 09:05 The vision and pathways for headache services. 'A view from the sunny uplands'**
Dr Niran Nirmalananthan
- 09:30 A view from the swampy lowlands. Can complexity theory inform service delivery and headache care with holistic practice?**
Dr David Kernick, general practitioner with extended role in headache, Exeter Headache Clinic
- 10:15 Patient perspective - understanding the impact of headache and migraine**
Rob Music, chief executive, The Migraine Trust
- 10:45 Refreshments**
- 11:15 Patient experience and lived challenges + interactive audience discussion**
Speaker TBC interviewing Emily Wheeler, expert patient
- 12:15 Lunch**
- 13:15 Interactive case study discussion focussing on service transformation**
Expert-led discussion with Dr Anita Krishnan, consultant neurologist, divisional clinical director, Walton Centre & Dr Razzan Haneef, GP with extended role in headaches
- 14:15 Small group case study discussions**
Breakout groups discussion service approaches to case scenarios

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15:30	Refreshments
16.00	Group feedback and expert panel commentary
16.45	"Innovation in practice." Includes initiatives on support for commissioners, GPs pharmacists, opticians, GPwER David Watson, BASH GWER (pharmacy project, Kay Kennis supporting commissioners, Dr David Kernick
17:45	Closing remarks and summary TBC
18:00	Close
19:00	Pre dinner drinks
19:30	Dinner
21:15	Close

Day 2: Tuesday, 2nd December 2025

08:30	Registration
08:45	Recap and outline for the day Chair: Siobhan Jones, headache nurse consultant, North Cumbria Integrated Care Trust
09:00	Service development: How can the MDT support headache management? Healthcare professionals highlight their role in supporting headache services. Speakers TBC
10:00	Practical aspects of developing a business plan / The Oxford Headache service Sue Thomas, Independent healthcare consultant and patient and public voice member NHSE neurology transformation CRG & Dr Richard Wood TBC

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- 10:45 Refreshments**
- 11:15 Service improvement projects: focusing on the 3 shifts in healthcare**
Interactive session to design service improvement projects, with guidance from faculty
Dr David Paling, honorary strategic director, MS Academy & consultant neurologist,
Sheffield Teaching Hospitals NHS Foundation Trust
- 12:00 The role of pharmacists in high cost drug pathways**
Mathew Garrod, lead pharmacist for neurosciences and specialist pharmacist in
migraine, University Hospital Southampton NHS Foundation Trust
- 12:30 The Sussex Migraine preventative Treatment Pathway**
Dr Jeban Ganesalingam, consultant neurologist, Brighton and Sussex University
Hospital and headache lead & consultant neurologist, University Hospitals Sussex and
neurology lead, South East Neuroscience Oversight Committee
- 13:00 Implementing the neurology transformation programme for headache**
Speaker TBC
- 13:30 Lunch**
- 14:15 Interactive - case study discussion - live patient showcase**
Talk through how a patient moves through the headache pathway (use UHS pathway
as an example). Speakers from different specialties the patient could see - consultant
neurologist, Mathew Garrod, Maha Ahmed, clinical nurse specialist - headache,
National Hospital for Neurology and Neurosurgery, Queens Square & MDT, etc.
- 15:15 Refreshments**

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- 15:45** **How do we develop integrated headache management through a network of care providers?**
Speakers TBC
- 16:15** **Principles of headache services**
Interactive session, South West London and Surrey Heartlands
- 17:00** **Final remarks and close**