

## MCI virtual course overview and programme

### Format and style

This course comprises 7 on-demand webinars and 2 live virtual discussion sessions.

Each on-demand module includes:

- A mixture of lectures and interviews (designed with the ability to be watched in succession or in individual segments as preferred) on each module theme
  - All lengths will seek to adhere to guidance on educational videos, stipulating that either 3 minutes or 6 minutes for short videos or 20 minutes for longer videos, is the ideal length for maximum engagement and retention.
  - Additional guidance (Brame 2016) is also taken under consideration.
- A 'Deep Dive' section with more in-depth information in both video and written formats, providing a more thorough 'dive' into the topics covered, or additional reading material to round out and deepen personal knowledge.
- The content will remain available for 12 months after the launch.
- There is opportunity to complete a quality improvement project as part of the course and mentors are available for this, although it is not mandatory in order to attend the course and receive a certificate of completion.

### Timeframe (subject to amends)

- Modules 1-8 first module launches July 2022, and weekly thereafter
- Module 9: QI project submission presentation during September (live)
  - opportunity to submit 3 minute proposal video in advance to share as a pre-recording if necessary
- Module 10: Presenting QI project March 2023 (live)
  - opportunity to submit 3 minute presentation video in advance to share as a pre-recording if necessary

### Module 1: MCI and dementia, an introduction, the difference, and opportunities to support health

- Dr Sarah Fox and Dr Ross Dunne : MCI v dementia, and an opportunity for intervention

This activity has been part-funded by the Greater Manchester Health and Social Care Programme through its Dementia Programme (Dementia United). The Dementia United programme, as part of an Integrated Care system, is happy to support this work and has contributed towards the development of the course.

This event has been part-funded by sponsorship from Roche Products Limited.  
The sponsor has had no control over the organisation or educational content of this event.

- Dr Simon Cooper: Practical QI - Auditing and supporting vascular health in people with Parkinson's (MCI graduate)
- Nina Mohan: Practical QI - Anticholinergic prescribing in the elderly, and MCI (MCI graduate)

### **Module 2: Brain health – a new perspective on prevention**

- Prof Craig Ritchie 'Keeping brains healthy versus dementia prevention - switching our focus'
- Prof Iracema Leroi: The prevention agenda and the evidence for lifestyle intervention (BHC blueprint)
- Sue Hinds: Practical QI - Developing brain health awareness' (MCI graduate)

### **Module 3: Cognitive testing, monitoring and red flags for MCI**

- Dr Ross Dunne: Measuring cognitive impairment: background and overview
- Prof Piers Dawes: Adapting cognitive testing for sensory impairment - SENSE-COG
- Prof John O'Brien: When MCI is early stage Lewy body dementia - and how to spot it
- Dr Rachel Moir: Practical QI - Monitoring for RSD in clinic - single question addition (MCI graduate)

### **Module 4: Evidence-based interventions**

- Dr Sarah Fox: A broad overview of the evidence base
- Dominic Campbell: The arts in dementia
- Dr Jonathan Kaye: Bringing brain health and dementia support into primary care
- Dr Wilby Williamson: Optimising cardiovascular health to support your brain

### **Module 5: Service planning, development and collaboration**

- Sue Thomas - Overview of commissioning and where it fits for MCI
- Anne Marie Jones, Age UK: Collaborative service development

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- Jane Hynes: Made by Mortals/Tds training commission - a commissioner's perspective
- Julie Riley: Effective service planning through collaboration
- Prof Craig Ritchie: Service development - the big picture
- Fiona Barclay: Practical QI - Brain health and occupational therapy (MCI graduate)

### **Module 6: The importance of service user involvement**

- Dr Sarah Fox and Michael Foley - The what, when, why and how of service user involvement
- Panel discussion: The realities of service user involvement in practice. Facilitated by Gaynah Butler, Dementia United, with Jaz Kenyon, living with a diagnosis of MCI, Marina Nixon, a GM commissioner, and Anne-Marie Jones from Age UK
- Jacqui Cannon: Research - involvement from the earliest point
- Abdul Shakoor: Practical QI - Cultural competency and engaging people in South Asian populations (MCI graduate)

### **Module 7: Impactful quality improvement in MCI and dementia**

- Sarah Walker, [Aqua](#) - what is quality improvement and why is it important
- Sue Thomas: Tools and tricks for data collection
- Georgina Carr, Neurological Alliance: Qualitative versus quantitative data and the power of lived experience
- Dr Mohammed Khalid Khaleel: Practical QI - Room for improvement in MCI patients? (MCI graduate)

### **Module 8: Practical applications: working with people affected by MCI or dementia**

- Karen Harrison-Dening: Speaking to people with cognitive impairment or dementia
- Ruth Stross: Positive ways to support people in managing cognitive impairment: learning from other conditions

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- Abdul Shakoor: Normalising health seeking in South Asian communities
- Lorraine Haining: Supporting wider families and family carers

**(A listing of the content accessible via 'Deep dives' for each module will be available in the virtual delegate pack for the course.)**

**Module 9 – Monday 22nd August 2022: submission deadline for project concept**

- Present a 3-minute proposal for the concept or outline of your quality improvement project.
  - If you are unable to attend live, you may submit a 3 minute video or audio recording in advance as a pre-recording to share.
- Proposals will be shared on the learning portal to enable cross-learning and to facilitate collaboration.
- Peer-working is encouraged wherever appropriate.
- **7th & 9th September to present concept to their group**

**Module 10 – 20th February 2023: Project presentation live session**

Submission of a poster or short written overview is encouraged. Support is available as is a template for a written summary.

- Present a 3-minute overview of your quality improvement project.
  - If you are unable to attend live, there will be opportunity to submit 3 minute presentation video in advance to share as a pre-recording

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