**Interactive dementia masterclass for primary care**

**FAMILY CARERS – discussion**

1. **Why do carers present to GP?**
   - Changing symptoms of the person with dementia
   - Ill health of the person with dementia
   - Sometimes vague reasons because the carer isn’t coping but can’t say
   - To get things off their chest – emotions, anger and frustration
   - Ill health of carer (though this is often the last thing on carers minds)

2. **How do GP’s explore and understand the impact of care-giving on the family carer?**
   - It is essential to understand the impact of an illness on a family in order to give the best advice and support.
   - Do GP’s try to understand the bigger picture / do GP’s have time ?

3. **What do GP’s find difficult?**
   - What are the common issues around supporting the health of the family carer ?